



Holy Communion

8:15 & 10:45 a.m.

10:45 a.m. live on YouTube

Welcome to Worship at Gloria Dei!

Welcome to worship at Gloria Dei. Wherever you are in your journey of faith, you are welcome here. Every Sunday, the body of Christ gathers in this sanctuary to hear God's word of unconditional grace, share a meal of mercy and forgiveness and is then sent into the world to follow Jesus with peace, compassion and justice. Thank you for joining our mission. Please let us know how we can assist you in being at home with us.

Parish Announcements February 16, 2025

Today

Feb. 16 Sunday Forum. Pastor Jodi and several members of the congregation traveled to Guatemala in October to visit our mission partners. At Sunday Forum, they'll share stories, photos and reflections on what they've learned and what it means for all of us. Sunday Forum meets at 9:30 a.m. in the Fellowship Hall.

Learn About Helping with Worship. We are looking for additional people to actively participate in Sunday morning worship as ushers, communion assistants or with altar care. Each of these servant opportunities is a low commitment and highly rewarding way to be involved during your worship attendance. If you are interested in serving, or just curious to learn more, please attend a brief and easy training in the sanctuary.

- Today, 9:30 a.m., ushering & altar care.
- Sunday, Feb. 23, 9:30 a.m., communion assisting.

Please consider engaging in one or more of these fulfilling worship roles.

Welcome Our New Facilities Manager. We welcome Doug Wakefield to the Gloria Dei staff as our new Facilities Manager. He will be on-site today. Doug comes to us with an extensive background in property management, having served as Facilities Engineer at House of Hope Presbyterian Church on Summit Avenue for 31 years and then at Presbyterian Homes and Services for another ten years. Enjoying the working life, he was looking for a way to return to church work because of the people and the ministry that churches do.

Worship and Music & Art

Rescheduled First Communion Class. Due to the snow on February 8, we have rescheduled the First Communion class. It will now be held Saturday, March 22, 9-11:30 a.m. at Gloria Dei, families decide when their child is ready to start participating in communion. Is your child starting to ask questions about communion and showing interest? All are welcome! Sign up at tinyurl.com/gdCOMMUNE.

No Recital Today. Gloria Dei was scheduled to host a duo piano recital by Mark Mazullo and

Claudia Chen, faculty at Macalester College, on Sunday afternoon, Feb. 16. Due to a serious family medical issue, the recital has to be cancelled at this time. We hope to reschedule in the fall.

Faith Formation

Wednesday Supper. The menu for Wednesday Supper on February 19 will be chicken shawarma gyros, with hummus, tzatziki, salad, falafel (vegan) and oven baked fries. Meals are served 5:45-6:30 p.m. in Fellowship Hall. Suggested donation is \$5-10 per person. Pay whatever you can.

Feb. 23 Sunday Forum. At the start of Lent, we will hear of Jesus' three temptations in the wilderness, in which Satan tests Jesus with three fundamental seductions that we all face as human beings. How might we consider those seductions through the lens of energy, a physical reality that is central to our being as living things and central to our identity as humans? Might the climate crisis we are now experiencing be a result of our yielding to those seductions? Fred Quivik is a member of Gloria Dei who works as an expert in environmental litigation and is a retired history professor at Michigan Technological University. Sunday Forum meets at 9:30 a.m. in the Fellowship Hall.

Voting Members to Synod Assembly. The Congregation Council invites Gloria Dei members to volunteer to serve as voting members at the 2025 Saint Paul Area Synod Assembly on Friday and Saturday, May 16-17. The Synod Assembly is the governing authority for our synod, at which policies and positions of the synod are adopted, elected positions are filled and congregations connect to identify opportunities for collaboration. The assembly provides insight into how our church body works and inspires participants with the many ways the congregations in our synod embody our shared mission in the world. (Also, Gloria Dei's assembly group is always "the fun team.") To volunteer, contact Andrew Johnson xc.andrew@gmail.com.

Travel to Egypt with Pastor Bradley. The details and cost of the trip to Egypt, February 5-15, 2026, to walk in the footsteps of Moses and the Holy Family, is now live. An information session with Elias Tours and Pastor Bradley is scheduled for Monday, March 3, at 6:30 p.m. If interested, please request the Zoom link by emailing Pastor Bradley at prbradley@gloriadeistpaul.org. Learn more about the trip at tinyurl.com/gdEGYPT.

Social Justice and Outreach

Loaves & Fishes. Gloria Dei's team will prepare and serve dinner for the guests at the Opportunity Center in downtown St. Paul on Wednesday, Feb. 26. Three shifts are available:

- **Hot Food Prep** from 1:30-3 p.m., preparing Tater Tot Hotdish.
- **Cold Food Prep** from 3-4:30 p.m., preparing sides dishes, buttering bread, bananas, cookies.
- **Serving the Meal** from 4-5:30 p.m.

Sign up for 1, 2 or all 3 shifts! You can learn more about the program or sign up for any 2025 shift by going to tinyurl.com/gdLOAVES25. If you have questions regarding GDLC Loaves and Fishes, email Cheryl Stever at mncin-chouse@hotmail.com.

February's Second Offering goes to Loaves & Fishes. You can contribute anytime digitally at tinyurl.com/gd2NDOFF25.

Advocate with Beacon Housing. Is your star word doggedness? Tenacity? Justice? Advocacy? Affordable housing with wrap-around services? Well, then we have just the group for you. Beacon Interfaith Housing Collaborative is an advocacy group that works for affordable housing in the Twin Cities. Our Gloria Dei team is part of a much larger organization that does incredible good in the world. This is slow path-building work. Beacon meets monthly over Zoom with optional extra homework. Email Don Fulton revdfulton@comcast.net for more info.

Health and Healing

Winter Wellness: Self-Care. Have you heard the phrase, “You can’t pour from an empty cup”? This week’s goal is to balance your day by taking breaks. Self-care is important to health because it helps us to recharge, refocus and manage stress. It can reduce the risk for burnout and help people recover from it. There are many options: getting up to move, go for a walk, a cup of tea, a word puzzle, doodling, having a conversation, listening to music and time for meditation or prayer. Try setting a timer and resting with your eyes closed for 5 minutes. Aim for a couple of breaks every day, try different ideas and choose something that will restore your energy. Taking breaks is a way to keep your cup filled so you will be able to care for yourself, and care for others too.

Addiction Webinar. The Center for Addiction and Faith is presenting a free one-hour online presentation on Wednesday, Feb. 26, “Substance Use and Recovery: How Your Church Can Be Part of the Solution.” The Mental Health and Recovery Team invites you to be part of the webinar and to join us at our next Zoom meeting on Thursday, March 11, to talk about how we can promote and support recovery at Gloria Dei. to get the zoom link, email Marenjansen@live.com or nurse@gloriadeistpaul.org.

More Ways to Assist with Worship

In addition to the activities noted above, join Gloria Dei friends in one of these other ways to assist in worship on Sunday.

- **Communion Assistants** distribute bread, wine and grape juice during worship. Email Mark Christianson mchristi314@gmail.com
 - **Hospitality Team** welcomes people to worship, collects offerings, assists with seating needs and ensure that worship runs smoothly. Email Mark Christianson mchristi314@gmail.com
 - **Lector** reads Old and New Testament lessons during worship. Email Mark Christianson mchristi314@gmail.com
 - **Crucifer** carries the cross in worship processions. Email Mark Christianson mchristi314@gmail.com.
 - **Sacristan** assists with the logistics of worship and guides acolytes. Email Mark Christianson mchristi314@gmail.com
 - **Adult & Children’s Choirs** provide special music for worship services with rehearsals on Wednesdays. Email Music Director Tim Strand tstrand@gloriadeistpaul.org
 - **Tech Crew** produces the weekly YouTube livestream. Email Tadhg Ferris Wayne WorshipTech@gloriadeistpaul.org
- Next week:** More ways to help with Outreach. See all Gloria volunteer opportunities at gloriadeistpaul.org/volunteer.

Gloria Dei News. To receive our weekly eNews email and other emails, please contact the church office, office@gloriadeistpaul.org. You can also visit our website for news and other messages about our ministries and programs at gloriadeistpaul.org/news.

To receive our weekly prayer list email, please sign up online bit.ly/PrayerListEmail. On Friday mornings, you'll receive an email that lists our brothers and sisters who have requested our prayers. You can opt out at any time.

Submit Gloria Dei news and events by noon on Mondays. Please use the online form at gloriadeistpaul.org/News. Your submission goes to the communications staff.

Reserve a room for a Gloria Dei-sponsored meeting or event through this online form: bit.ly/RoomRequestGDLC. Your submission goes to the office staff. If you have any questions, please contact Office Coordinator Karen Earhuff office@gloriadeistpaul.org.

Try our Technology for Improved Sound in the Sanctuary. Upgraded technology helps us support individual sound needs. All you need is a smartphone with Wi-Fi capability and earphones, or your hearing device or cochlear implant. Download the Listening Technologies "Listen Everywhere" free app and connect to the dedicated Gloria Dei Wi-Fi (network: Gloria Dei AV System, password: GloriaDeiAV3014). Plug in your earphones, or connect your hearing device with Bluetooth, and launch the app. If you have any questions, please talk with an usher on Sunday mornings. Learn more on the Listen Technologies website, listentech.com *listeneverywhere*. Once you have used the Listen Everywhere app once, you should be able to easily connect the next time.

Mission Statement

By God's grace, we are called to be a caring, healing and welcoming community who proclaim and celebrate the love of Jesus Christ, live as God's servants and seek justice for all people.

Our Guiding Principles

- Rooted in **Christ**, we worship with meaning and relevance.
- Rooted in **Generosity**, we share our resources and our building.
- Rooted in **Compassion**, we serve and advocate.
- Rooted in **Justice**, we acknowledge privilege and combat racism.
- Rooted in **Love**, we build intentional and diverse relationships.
- Rooted in **Beauty**, we seek transformation through music and art.

Gloria Dei Staff

Pastor Bradley E. Schmeling, Senior Pastor
Pastor Lois Pallmeyer, Associate Pastor
Pastor Jodi Houge, Associate Pastor
Ashley Greenwood, Deacon of Youth and Family Faith Formation
Kyrstin Schwartz, Children's Ministry Director
Timothy Strand, Music Director
Dennis Friesen-Carper, Director of Instrumental Ensembles and Composer in Residence
Jill Stewart, Parish Nurse
Greg Henderson, Finance & Administration Director
Tadhg Ferris Wayne, Director of Worship Technologies
Thor Carlson, Communications and Technology Coordinator
Karen Earhuff, Office Coordinator
Jazz Vogel, Bookkeeper
Doug Wakefield, Facilities Manager
Jessica Juneau, Custodian

Contact Us

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www.GloriaDeiStPaul.org

Welcome Statement

All are welcome at Gloria Dei. We rejoice that diversity has enriched, nurtured and challenged the life and ministry we share as members of the body of Christ and workers in the kingdom of God. We believe that the gospel is God's gift to all people, to be shared unconditionally, without regard to age, race, ethnicity, national origin, gender, sexual orientation, gender identity or expression, family configuration or relationship status, socio-economic status, mental health status, or physical or mental abilities. We strive to be a more inclusive and anti-racist community. We know that the world is often an unloving place and that the experience of alienation is all too common. To those who have felt excluded here or elsewhere, we extend a particular welcome in Christ's love.

Land Acknowledgment Statement

Gloria Dei Lutheran Church recognizes that its building stands on traditional Dakota land near Bdote Mni Sota, the confluence of the Minnesota and Mississippi rivers, the center of creation for Dakota people and also sacred to Ojibwe. The congregation acknowledges that this land was taken from Indigenous people by exploitation and violence. Given the deep significance of this sacred ground, as well as its painful history, the congregation recognizes its responsibility to use this land, its building and mission for the work of reconciliation and healing with Native people. The congregation repents of this injustice that continues to harm Native communities and pledges to work for justice, peace and the wellbeing of all creation.

Let the Children Come

Children are the church of the present and the future, and Gloria Dei welcomes them in worship along with their giggles, wiggles and questions. They learn to worship as they see, hear, feel and even smell the Sanctuary during worship. They learn about worship when they watch their household and others sing, pray, participate and give offerings. They learn about community when we smile at them, learn their names and share the Peace of the Lord. We invite you to share our Worship Activity Bags Center with them (just outside the Narthex). When they need a bit more space, we provide a coloring table and toys in the Gathering Place.