



## Holy Communion

8:15 & 10:45 a.m.

10:45 a.m. live on YouTube

### Welcome to Worship at Gloria Dei!

Welcome to worship at Gloria Dei. Wherever you are in your journey of faith, you are welcome here. Every Sunday, the body of Christ gathers in this sanctuary to hear God's word of unconditional grace, share a meal of mercy and forgiveness and is then sent into the world to follow Jesus with peace, compassion and justice. Thank you for joining our mission. Please let us know how we can assist you in being at home with us.

## Parish Announcements March 9, 2025

### Lent

### You Shall Be a Watered Garden

**Today's Forum: Why did we do that?** Pastor Bradley will lead a discussion about how the Lenten worship services have been put together. Each week, rostered leaders, musicians and staff make many decisions about how the service will take shape. This year, choices were made to emphasize the Lenten theme, "Like a Watered Garden," and to help us keep Lent in different ways. We'll also talk about how Sunday morning might flow into the week, wondering aloud how it can all make a difference for us. Sunday Forum meets in the Fellowship Hall at 9:30 a.m.

#### Wednesday Evening Prayer

6:30 p.m. Worship

7:00 p.m. – Confirmation in Sanctuary with  
Pastor Osheta Moore

7:30 p.m. – Discussion with Pastor Moore

Pastor Osheta Moore, author of "Dear White Peacemakers," and Community Life Pastor at Roots Moravian Church in the Midway neighbor-

hood of St. Paul, is working with Gloria Dei for the year to deepen our mission for racial justice. During Lent, she focuses on activism that is centered in prayer and contemplation on the beloved community. This Wednesday, she will lead worship, providing a spiritual practice to nourish and guide us. Following worship, she will engage confirmation students, 7<sup>th</sup>-10<sup>th</sup> graders, in the sanctuary. Adults are invited to listen in from the back of the church. At 7:30, she will stay an additional half hour for adults and youth who would like to have more conversation.

Each Wednesday in Lent, we will explore together a different spiritual practice to help ground us, finding living water that is our source for peace, freedom, and a joy that transcends life's difficulties. Next week Director of Musical Ensembles and Composer in Residence Dennis Friesen Carper will teach us about singing that is like praying a mantra, a repetitive set of words that calm the racing mind, connect us with one another, and bring us deeper into the Spirit.

## Worship and Music & Art

**Follow Up on Sound Test.** Thank you to all who responded to the survey about the sound system on Sunday. We are still gathering and reviewing the data. Because of good conversation, the engineer was able to do additional work to calibrate the system, revise the proposed project to be a better value, and solve some of the problems that were identified last Sunday. We were able to use this augmentation at the Ash Wednesday service. Thank you for your patience as we work to make the sound as good as it can be in our sanctuary.

**Four concerts at Gloria Dei** in the next four weeks. All events are free but accept freewill donations. See details below.

The next event is Saturday, 9 a.m. **Before Bach's Birthday Bash** hosted by Michael Barone and broadcast live on Minnesota Public Radio. Several organists and instrumentalists will perform a varied program of Bach's works featuring our new Letourneau/Casavant pipe organ. Our own Tim Strand will be among the performers. Upcoming concerts include:

**Sunday, March 23, 3 p.m. Gift of Music Recital** featuring talented Gloria Dei musicians. the sanctuary. This performance will feature the musical talents of Christine Berg Schroeder, Kurt Claussen, Beverly Dretzke, Dennis Friesen-Carper, Leigh Frost, David Mickens, Kristine Oberg, Paul Schaleger, Philip Stoyke, Timothy Strand, Russ Vander Wiel, Anita Young and Jon Young. You are all cordially invited to come and enjoy the interesting and beautiful gifts of music that these musicians will share in this one-hour and 15-minutes free program. A reception will follow in the Gathering Place with refreshments hosted by Janet Warwick. Free-will offerings may be given to support Gloria Dei's music ministries.

**Thursday, March 27, 7:30 p.m. Bemidji Choir of Bemidji State University** under the direction of Dr. Isaac Lovdahl. The Bemidji Choir has been here at Gloria Dei several times to perform over the last years, and they always bring a fantastic program of varied choral music.

**Sunday, April 6 at 5 p.m. See-Change Treble Choir,** Community Treble Festival.

**New Gallery Exhibit.** John Sterner, a Lakota artist living near Marshall, understands how important drawings and sketches have been to his ancestors. At the time, it was the only way to communicate to the newly arrived Europeans "who they were, to represent them, and the things that they knew." The Gloria Dei Art Committee is proud to now present John's work in the Gallery. This wonderful show includes paintings, bronze work and sketches. In describing his unique sketches on his church's Sunday bulletins, John writes: "My mother, when I was probably about 5 years old, gave me the church bulletin and said I needed to occupy my time at church by drawing pictures. A lot of my first pictures were just doodles, small fabrications to keep my mind occupied instead of bouncing around the room, and to keep me focused on what the pastor was saying." John will be presenting an artist's talk soon, so stay tuned.

## Faith Formation

**New Members Class.** Are you new to Gloria Dei? Have you been thinking about becoming a member of the church? We invite you to a New Member Class on Tuesday, March 25, 6:30 p.m., in Room 100. We'll talk about Gloria Dei —our mission and ministry, what we stand for, and ways to get involved, if you choose. New members will be welcomed during worship on Sunday, March 30. Contact Pastor Jodi [prjodi@gloriadeistpaul.org](mailto:prjodi@gloriadeistpaul.org) or Pastor Lois [prlois@gloriadeistpaul.org](mailto:prlois@gloriadeistpaul.org) to RSVP or for more information.

**Wednesday Supper.** The menu for Wednesday, March 12, will be sweet & sour chicken, vegetable eggroll and fried rice. Meals are served 5:45-6:30 p.m. in Fellowship Hall. Suggested donation is \$5-10 per person. Pay whatever you can. March 19's menu will be sloppy Joes, vegetable salad and baked mac & cheese.

**VBS Adult Helpers Needed.** More adult volunteers are needed to assist at Vacation Bible School June 23-June 26. The most needed positions include:

- 3 Pre-K leaders 9-11:30 a.m.
- 1-2 more snack helpers 9-10:45 a.m.
- 5-6 more elementary guides for ½ days either 9 a.m.-noon or noon-3 p.m.

All positions can be for one day or all 4. Go to [tinyurl.com/gdVBSHELP](http://tinyurl.com/gdVBSHELP) to sign up.

## Social Justice and Outreach

### Second Offering for the Food Markets on Montreal, Neighborhood Houses's new Food Shelf.

The focus of March's Second Offering will be to collect money to support the food programs at Neighborhood House. This is FoodShare Month, so financial matches from Second Harvest and The Food Group multiply Neighborhood House's buying power by eight times. A \$35 donation buys \$280 worth of food; a \$150 donation has \$1,200 of purchasing power. You can give digitally anytime at [tinyurl.com/gd2NDOFF25](http://tinyurl.com/gd2NDOFF25) or by putting a check in the offering plate with "Second Offering" written on the memo line. The need is great. Neighborhood House serves over 1,700 unique families in a month—nearly doubled from this time last year. Last year's Gloria Dei Second Offering total of \$3,063 would have purchasing power of \$24,504 this year. We've set this year's goal at collecting \$4,375 for a purchasing power of \$35,000, or 10% of Neighborhood House's 2025 goal of raising \$350,000 during Foodshare Month. Do you still want to give food? Drop non-perishable food items in the red barrels right inside the parking lot doors. Each week the collected food is delivered to the Food Market on Montreal. Want to do more? Go to [tinyurl.com/gdFOODFUN](http://tinyurl.com/gdFOODFUN) to get Neighborhood House tips on how you can organize a food drive in your neighborhood, workplace or school.

### Special Neighborhood House events:

- **Stuff the Truck** at Montreal Circle Sat. March 15, 1 to 5 p.m. Family activities, live music, food trucks.
- **Grocery Store Weekend** at Kowalski's on Grand & Lund's on Ford Parkway, 10 a.m. to 2 p.m., March 22-23. Food and funds collections.

- **Gather and Give**, Wellstone Center, Saturday, March 29, 10 a.m. to 2 p.m., interactive food market tour, family activities, food and fund collection.
- **The Final Pour**, Wednesday, April 2, 4 to 7 p.m. Wandering Leaf Brewing. Final Food and Funds collection, awards.

**Lobby at the Capitol.** The Caring for Creation Committee at Gloria Dei will be going to the Minnesota Capitol on Wednesday, March 12, 10 a.m.-3 p.m., to add its voice to Rise and Repair Lobby Day. We need to encourage our state legislators to come together to protect wild rice & clean water, oppose false climate solutions, respect Indigenous & tribal sovereignty and pass the Rise & Repair Alliance 2025 Policy Platform, [riseandrepair.org/platform](http://riseandrepair.org/platform). Will you join us? If interested email [stephaniestegeman@gmail.com](mailto:stephaniestegeman@gmail.com) to learn how Gloria Dei can help create systemic changes for all those who cherish and call Minnesota home.

**Moms Demand Action Meets March 15.** The St. Paul group of Moms Demand Action, a grassroots movement of Americans fighting for public safety measures that can protect people from gun violence, will be having its monthly meeting at Gloria Dei on Saturday, March 15 at 11 a.m. in Fellowship Hall. Dr. Marc Gorelick, the CEO of Children's Minnesota, will be coming to discuss his book *Saving Our Kids: An ER Doc's Common-Sense Solution to the Gun Crisis*. He will give a brief overview of the book followed by time for discussion and questions.

**Bishop Eaton's Statement on Israel.** ELCA Presiding Bishop, the Rev. Elizabeth A. Eaton, has issued a statement about a plan to forcibly and permanently displace roughly 2 million Gazans, with the stated goal of clearing Gaza for future real estate development. Go to [tinyurl.com/gdGAZASTATEMENT](http://tinyurl.com/gdGAZASTATEMENT) to read the complete statement, including support for ELCA partner church leaders in the region.

## Health and Healing

**Winter Wellness: Keep the Momentum.** The Epiphany season has ended, and so has Winter Wellness. As we move through the Lenten season, keep working on health enhancing practices: stay in touch with others, use prayer/meditation, care for your body with rest, good food and activity, and do good for the community. Learn a new skill or game; notice the beauty around you in nature, music, art, and worship. Thanks for being part of Winter Wellness. Please plan to join us for Summer Fitness in June.

**Create Cards at March 19 Wednesday Supper.** Join the Gloria Dei Card Ministry to make hand-made greeting cards at 5 p.m., Wednesday, March 19, in Fellowship Hall. No creative skills necessary as everything is pre-designed and pre-cut so all you have to do is come in, stamp and assemble. We will work on Easter Cards for the homebound, confirmation, and graduation cards. The time is conveniently set so that you can also take in the Wednesday dinner and then head to church for Wednesday night service. In order to help support the ministry's expenses, cards are also for sale to the congregation near the church office. If you have questions, feel free to contact email Heidi Anderson-Isaacson at [stampin@anderson-isaacson.com](mailto:stampin@anderson-isaacson.com).

**Yogadevotion.** A new session of Yogadevotion is underway Tuesdays at 6 p.m. and continues weekly through April 15. Yogadevotion is a yoga flow class created by Lutheran pastor Cindy Senarighi. It uses breathing and movement to ground, strengthen and calm ourselves. It can be a time of prayer, reflection, and relaxation while being present to God. All experience levels are welcome. Register at [tiinyurl.com/gdYOGAD25](http://tiinyurl.com/gdYOGAD25).

**Free Mental Health Services.** Gloria Dei's Mental Health and Recovery Ministry shares that Mental Health Connect is sponsoring a free seminar, Adolescent Substance Abuse and Misuse, 9 a.m. to noon, Saturday, March 22, University Lutheran Church of Hope. To register and get more details on these programs, go to [mhconnect.org](http://mhconnect.org). Mental Health Connect is supported by Twin Cities faith communities and includes a Navigation Line, 612-642-1220, to call or text, for free, confidential and individualized services.

**Grief Series Starts March 11.** Our neighboring congregation, Immanuel Lutheran Church, is hosting a new GriefShare support group on Tuesdays, 7-8:30 p.m., for 13 weeks starting March 11. Register at [ilsp.org/griefshare](http://ilsp.org/griefshare). If Tuesday evenings don't work for you, go to [griefshare.org/findagroup](http://griefshare.org/findagroup) to see GriefShare's online group offerings.

## More Ways to Assist with Health and Healing

- **Coffee, Tea and Camaraderie**, weekly on Wednesdays, 2 p.m., Minnesota Room, for older adults with informal discussion with occasional special topics or guest speakers. Email [nurse@gloriadeistpaul.org](mailto:nurse@gloriadeistpaul.org).
- **Gloria Dei Quilters** meet Thursdays, 9 a.m. to noon, in Room 100 with coffee at 10:30 a.m. No sewing skills necessary; all are welcome. Email Connie Anderson [Cojeranderson@gmail.com](mailto:Cojeranderson@gmail.com).
- **Mental Health and Hope in Recovery** ministries meet the second Tuesday of each month. Email Maren Jansen at [marenjansen@live.com](mailto:marenjansen@live.com).
- **Prayerful Knitters** meet the first Thursday of the month at 6:30 p.m. in the Gathering Place; email Paula Hutchinson [paulahutchinson651@gmail.com](mailto:paulahutchinson651@gmail.com).
- **Card Ministry** makes greeting cards for various church needs. Completed cards are used by staff and ministry leaders for distribution. Email Heidi Isaacson-Anderson [ai.heidi09@gmail.com](mailto:ai.heidi09@gmail.com).
- **Yogadevotions** stretches out on Tuesday evenings from 6-7 p.m. Descriptions of the classes and registration are available at [yogadevotion.com](http://yogadevotion.com).
- **Blood Drive** tasks include greeting donors, helping them sign in and offering refreshments. Email [nurse@gloriadeistpaul.org](mailto:nurse@gloriadeistpaul.org).
- **Funeral Reception** volunteers prepare and serve funeral reception luncheons. They provide warm hospitality to funeral guests. Email Brenda Higgins [brendakleinhiggins@gmail.com](mailto:brendakleinhiggins@gmail.com).

- **New Arrival Ministry** identifies individuals who have had recent additions to their families by birth or adoption. Email Heidi Robole [heidi.robole@gmail.com](mailto:heidi.robole@gmail.com).
- **Growing Stronger Fitness Group** meets on Mondays and Wednesdays from 9-10 a.m. in the Gathering Place. Email [nurse@gloriadeistpaul.org](mailto:nurse@gloriadeistpaul.org). No cost to attend.
- **Grief Support Team** connects with those grieving loss by sending cards or messages, phone calls, or conversation. Email [nurse@gloriadeistpaul.org](mailto:nurse@gloriadeistpaul.org).
- **Visitation Ministry** visits and brings communion to individuals who cannot be in church. Email [nurse@gloriadeistpaul.org](mailto:nurse@gloriadeistpaul.org).

**Next week:** More ways to help in Facilities & Administration. See all Gloria volunteer opportunities at [gloriadeistpaul.org/volunteer](http://gloriadeistpaul.org/volunteer).

**Gloria Dei News.** To receive our weekly eNews email and other emails, please contact the church office, [office@gloriadeistpaul.org](mailto:office@gloriadeistpaul.org). You can also visit our website for news and other messages about our ministries and programs at [gloriadeistpaul.org/news](http://gloriadeistpaul.org/news).

**To receive our weekly prayer list email,** please sign up online [bit.ly/PrayerListEmail](http://bit.ly/PrayerListEmail). On Friday mornings, you'll receive an email that lists our brothers and sisters who have requested our prayers. You can opt out at any time.

**Submit Gloria Dei news and events by noon on Mondays.** Please use the online form at [gloriadeistpaul.org/News](http://gloriadeistpaul.org/News). Your submission goes to the communications staff.

**Reserve a room for a Gloria Dei-sponsored meeting or event** through this online form: [bit.ly/RoomRequestGDLC](http://bit.ly/RoomRequestGDLC). Your submission goes to the office staff. If you have any questions, please contact Office Coordinator Karen Earhuff [office@gloriadeistpaul.org](mailto:office@gloriadeistpaul.org).

**Try our Technology for Improved Sound in the Sanctuary.** Upgraded technology helps us support individual sound needs. All you need is a smartphone with Wi-Fi capability and earphones, or your hearing device or cochlear implant. Download the Listening Technologies "Listen Everywhere" free app and connect to the dedicated Gloria Dei Wi-Fi (network: Gloria Dei AV System, password: GloriaDeiAV3014). Plug in your earphones, or connect your hearing device with Bluetooth, and launch the app. If you have any questions, please talk with an usher on Sunday mornings. Learn more on the Listening Technologies website, [listentech.com](http://listentech.com) *listeneverywhere*. Once you have used the Listen Everywhere app once, you should be able to easily connect the next time.

## Mission Statement

By God's grace, we are called to be a caring, healing and welcoming community who proclaim and celebrate the love of Jesus Christ, live as God's servants and seek justice for all people.

## Our Guiding Principles

- Rooted in **Christ**, we worship with meaning and relevance.
- Rooted in **Generosity**, we share our resources and our building.
- Rooted in **Compassion**, we serve and advocate.
- Rooted in **Justice**, we acknowledge privilege and combat racism.
- Rooted in **Love**, we build intentional and diverse relationships.
- Rooted in **Beauty**, we seek transformation through music and art.

## Gloria Dei Staff

Pastor Bradley E. Schmeling, Senior Pastor  
Pastor Lois Pallmeyer, Associate Pastor  
Pastor Jodi Houge, Associate Pastor  
Ashley Greenwood, Deacon of Youth and Family  
Faith Formation  
Kyrstin Schwartz, Children's Ministry Director  
Timothy Strand, Music Director  
Dennis Friesen-Carper, Director of Instrumental  
Ensembles and Composer in Residence  
Jill Stewart, Parish Nurse  
Greg Henderson, Finance & Administration Director  
Tadhg Ferris Wayne, Director of Worship  
Technologies  
Thor Carlson, Communications and Technology  
Coordinator  
Karen Earhuff, Office Coordinator  
Jazz Vogel, Bookkeeper  
Doug Wakefield, Facilities Manager  
Jessica Juneau, Custodian

## Contact Us

651-699-1378  
700 Snelling Ave. S.  
Saint Paul, MN 55116  
office@gloriadeistpaul.org  
www.GloriaDeiStPaul.org

## Welcome Statement

All are welcome at Gloria Dei. We rejoice that diversity has enriched, nurtured and challenged the life and ministry we share as members of the body of Christ and workers in the kingdom of God. We believe that the gospel is God's gift to all people, to be shared unconditionally, without regard to age, race, ethnicity, national origin, gender, sexual orientation, gender identity or expression, family configuration or relationship status, socio-economic status, mental health status, or physical or mental abilities. We strive to be a more inclusive and anti-racist community. We know that the world is often an unloving place and that the experience of alienation is all too common. To those who have felt excluded here or elsewhere, we extend a particular welcome in Christ's love.

## Land Acknowledgment Statement

Gloria Dei Lutheran Church recognizes that its building stands on traditional Dakota land near Bdote Mni Sota, the confluence of the Minnesota and Mississippi rivers, the center of creation for Dakota people and also sacred to Ojibwe. The congregation acknowledges that this land was taken from Indigenous people by exploitation and violence. Given the deep significance of this sacred ground, as well as its painful history, the congregation recognizes its responsibility to use this land, its building and mission for the work of reconciliation and healing with Native people. The congregation repents of this injustice that continues to harm Native communities and pledges to work for justice, peace and the wellbeing of all creation.

## Let the Children Come

Children are the church of the present and the future, and Gloria Dei welcomes them in worship along with their giggles, wiggles and questions. They learn to worship as they see, hear, feel and even smell the Sanctuary during worship. They learn about worship when they watch their household and others sing, pray, participate and give offerings. They learn about community when we smile at them, learn their names and share the Peace of the Lord. We invite you to share our Worship Activity Bags Center with them (just outside the Narthex). When they need a bit more space, we provide a coloring table and toys in the Gathering Place.